

HEAT COOKING APPARATUS, COOKING TOOL AND HEAT COOKING SYSTEM

ABSTRACT OF THE DISCLOSURE

A heat cooking apparatus includes a supporting unit (3) for supporting a cooking tool (9), a heating unit (14) for heating the cooking tool (9), a receiving unit (41) capable of receiving temperature data of the cooking tool (9) or temperature data of an object to be cooked in the cooking tool (9) transmitted in the form of infrared rays from the exterior, and a controlling unit (35) for controlling the heating unit (14) on the basis of temperature data received by the receiving unit (41).